

## Program Term 1, 2023

Monday 30th January to Friday 14th April

Many thanks to Tony Piccolo (Member for Light) for the printing of this programme

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Secretary—Jill Richard 0417 819 498
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All sessions are held at the Gawler Sport and Community Centre (GSCC), Nixon Terrace, Gawler unless otherwise specified.

[TERM 2 - 2023 Monday 1st May to Friday 7th July]

| Day  | Time        | Activity                               | Leader (Contact Ph No) | Date(s)  | Location     |
|------|-------------|--|------------------------|--|--------------|
| Mon  | 9.30 start  | Ramblers (see over)                    | Jo Riley               | Fortnightly 13/02; 27/02; 13/03; 27/03; 17/04                | See over     |
|      | 1.30—4.00   | Fun Board & Card Games                 | c/- Jill Richard       | Fortnightly06/02; 20/02; 06/03; 20/03; 03/04                 | GSCC         |
|      | 1.45—3.45   | Art Group—Imagine                      | Jan Abel               | Weekly 30/01—03/04 (Adel Cup 13/03; Good Friday 10/04)       | GSCC         |
| Tues | 9.30—10.30  | Chair Dancing                          | Jacq Lerwill           | Weekly 31/01—11/04   | GSCC         |
|      | 9.45—10.30  | Beginner Ukulele—NEW GROUP             | Diane McGough          | Weekly 31/01—07/03 Note: 6-week course                       | GSCC         |
|      | 10.30—11.30 | Italian Conversation                   | Julie Marshall         | Weekly 31/01—11/04   | GSCC         |
|      | 10.30—11.30 | Beginner Tai Chi                       | Maggie Cope            | Weekly 31/01—11/04   | GSCC         |
|      | 10.45—12.15 | Ukes and Company                       | Ann Weiss              | Weekly 31/01—11/04   | GSCC         |
|      | 12.30—2.00  | Book Club—NEW GROUP                    | Lesley Moore           | First Tuesday of the month (7/2; 7/3; 4/4) - to be confirmed | GSCC         |
|      | 1.30—3.00   | * Intermediate Line Dancing (Full)     | Berlinda Swyghuizen    | Weekly 31/01—11/04   | GSCC         |
|      |             |  |                        |  |              |
|      | 10.00—12.00 | Discussion Group                       | Jenny Dorsett          | Fortnightly 08/02; 22/02; 08/03; 22/03; 05/04                | GSCC         |
|      | 10.30—11.30 | Intermediate Tai Chi                   | Sue Stanner            | Weekly 01/02— 12/04  | GSCC         |
| Wed  | 10.30—12.00 | Harmonica                              | Alan Gill              | Weekly 01/02— 12/04  | GSCC         |
|      | 12.30-2.00  | * Improvers Line Dancing               | Berlinda Swyghuizen    | Weekly 01/02— 12/04  | GSCC         |
|      | 1.30—3.00   | Men's Group (coffee/chat)              | Kim Rainsford          | Fortnightly 01/02; 15/02; 01/03; 15/03; 29/03; 12/04         | Café Nova    |
|      | 1.30—3.45   | Craft Circle                           | Marie Wilson           | Weekly 01/02— 12/04  | GSCC         |
|      | 1.00—3.00   | Jam Along                              | Jim O'Reilly           | Weekly 01/02— 12/04  | GSCC         |
|      | 10.30—11.30 | Shibashi (Exercise) & Tai Chi Practice | Pauline Barton         | Weekly 02/02—13/04 (no class 9/3)                            | GSCC         |
|      | 12.30—1.45  | Bell Chimers                           | Joyce Fox              | Weekly 02/02—13/04   | GSCC         |
| l    | 1.00—2.30   | Puzzle Power                           | Linda Johnston         | Weekly 02/02—13/04   | GSCC         |
| Thur | 1.30—4.30   | Scrabble                               | Libby Clift            | Weekly 02/02—13/04   | GSCC         |
|      | 7.00—8.30pm | Book Club with a Twist (Full)          | Anita Goodwin          | Last Thurs of the month (23/02; 30/03)                       | Gawler South |
|      | All day     | Computing Help Desk                    | Stan Pedersen          | Ring for on-line help or appointment to meet up              | GSCC         |
|      | 9.00—11.30  | Craft & Leisure Group                  | Noreen Hodgson         | Weekly 03/02—14/04   | GSCC         |
| Fri  | 10.00—12.00 | Mah Jong                               | Sue Stanner            | Weekly 03/02—14/04   | GSCC         |
|      | 10.00—12.00 | Creative Writing                       | Deanne Lecerf          | Weekly 03/02—14/04   | GSCC         |
|      | 1.30—3.00   | Sjoelen (Dutch Shuffleboard)           | c/- Jill Richard       | Fortnightly 10/02; 24/02; 10/03; 24/03                       | GSCC         |
|      | See over    | Friday Forays                          | Jill Richard           | See Over for details 10/02; 03/03; 14/04                     | GSCC & other |

| Date                 | Place                              | Leaders   | Comments  |
|----------------------|------------------------------------|-----------|---|
| 13 <sup>th</sup> Feb | Clonlea Walk                       | Warren    | Meet Info Centre @ 9:30<br>Coffee in Gawler   |
| 27 <sup>th</sup> Feb | Grange to Henley<br>Beach walk     | Jo        | Meet at Gawler Railway Station 9:21 train or pickup enroute Coffee/Lunch in Henley Square |
| 13 <sup>th</sup> Mar | Sandy Creek<br>Conservation Park   | Keith     | Meet Info Centre @ 9:30<br>Car-pool<br>Coffee in Gawler                                   |
| 27 <sup>th</sup> Mar | Seacliff to Brighton<br>Beach walk | Jo/Warren | Meet at Gawler Railway Station 9:21 train or pickup enroute Coffee/Lunch in Brighton      |
| 17 <sup>th</sup> Apr | The Pines Conservation<br>Park     | Sue       | Meet Info Centre @ 9:30<br>Car-pool<br>Coffee in Kapunda                                  |

#### OUR BEACH WALKS ARE BACK NOW WE HAVE THE TRAIN!!

- \* For train, meet in front carriage, pick up at any station enroute
- \* When using cars, park at Gawler Info Centre carpark Lyndoch Road or for longer walks at Fasta Pasta carpark across the road. Assemble at Rotunda, Pioneer Park to leave at 9.30 am sharp!
- \* Wear strong footwear and appropriate clothing, hats and sunscreen. Carry water or other drink.
- \* Leaders may modify/change walk to suit conditions (heat, rain, wind, mud etc).
- \* If you have any doubt about being able to complete a particular walk, consult the leader beforehand.
- \* If temperature is to be 34 deg C+ outings via train, or beach walks, will be cancelled. HOWEVER, as our walks are early in the day the walk may be quite viable and I will always be at the meeting point to see if people turn up. (Jo Riley)

### 10th February Leader: Lesley Carnogursky

at least one week prior to the event.

Train to Adelaide and Tram to Glenelg & return
Free travel for Senior's card holders. Depart Gawler Central
9.47am 1st carriage or join along the way at a convenient station.
Trams depart Adelaide every 10 minutes to Glenelg. Bite to eat in
Glenelg, walk on the jetty—all depends on what you want to do.
Return to Gawler at agreed time.

Friday Foray

Book via email (u3agawler@gmail.com) or phone/message 0417 819 498 (Jill)

# FRIDAY 3rd March 1.00pm Leader: Jill in multipurpose room at Centre

Guest Speaker: Grant Lock author of 'Shoot Me First' and his latest book "I'd Rather Be Blind"

Afghanistan: What is Really Happening

Come and explore recent history, current events, human rights, and the origins of the Taliban, with popular author, poet and storyteller, Grant Lock.

Grant is the author of "Shoot Me First" 24 years in the hotspots of Pakistan and Afghanistan, and "I'd Rather Be Blind". He directed Afghanistan's largest eye care pro-gram, until he himself became blind. Grant is married to Jana, the woman the widows of Kabul call "Frishta" (Angel).

Books for sale \$25 each, cash/cheque/card www.shootmefirst.com

### **FRIDAY APRIL 14th. GOVERNMENT HOUSE GARDEN TOUR**—led by Botanic Gardens volunteers

Train to city leaving Gawler Central at 9.17am—front carriage. Garden tour 10.45—11.45. 12 noon gates open to public for picnic lunch in the grounds with musical entertainment. *Register interest asap with Jill —numbers limited*