

GAWLER. SOUTH AUSTRALIA

ABN 46 772 015 357

## NEWSLETTER

PO Box 1581 GAWLER SA 5118 www.u3agawler.org.au

u3agawler@gmail.com "Like" us on Facebook

TERM ONE, 2022: Jan 31 to April 14

#### CHAIRPERSON'S REPORT

Hi everyone, we are at the end of our term and also the year. It's been a funny old year with Covid-19 disrupting everyone's lives. Some people haven't seen family and some friends for months. You think to yourself "hope it's soon", borders open, then you think will it bring C19 here. We have been lucky so far. Good thing we have phones. I shall still be ringing and using FaceTime with my daughter and best friend both in Queensland. We will all hope that 2022 is better. Christmas will soon be here, hope it's all going as planned. I am doing ok this year, cards written, most pressies bought, bring it on!

Sad news regarding Jenny Young who passed away in October. Jenny was one of the original U3A members – either instructing or attending classes. She will be missed by her family and friends - RIP.

Our secretary, Jill Richard, is hard at work dealing with our busiest time of the season including the Christmas lunch, the 2022 Enrolment Day and the Annual General Meeting. You will get more information soon about enrolment and the AGM from Jill. The AGM is an important meeting for you to attend and you can have a say in what happens in your association.

For all of you who will attend the Christmas Lunch at Nixon's Restaurant (on Friday 10 December – our last day of Term 4, 2021), hope you all enjoy it, will have some fun and lively chats and make plans for 2022.

As I promised in the last news, I would try to get another member of the committee to put a few personal notes together. So here follows Ann's "Reflections" on page 2 - thank you, Ann Weiss.

All that is left for me to do is wish you a safe, healthy and prosperous New Year.

Please don't forget to wear your badges at all your U3A events.

Thank you, Marie – 0419 828 795

#### "Reflections" by Gawler Committee Member, Ann Weiss

Only now can I understand the apprehension my father must have felt as he signed the documents to allow his 17-year-old daughter to obtain a visa to enter the then Territory of Papua New Guinea. He thought it was a dangerous place and he was right. 18 months later I had completed my first Primary Teaching Certificate and "weathered" my first Grade 3 class at our mission school in Port Moresby. (47 lively youngsters – 3 per desk). There was no shortage of guitar teachers in Moresby. Every second "islander" played one and had the ability to sing beautiful harmonies without any formal music education.

My second appointment was to a remote village in the Eastern Highlands and as the little Cessna left the airport my first guitar was perched on top of the mail behind the only two seats. We weaved through clouds for about 2 hours and each time the plane emerged into sunshine there was a river in a deep valley below and we were flanked by mountains that seemed awfully close. Dotted here and there were groups of huts and gardens that made up the dozens of villages on our route. Our landing place was a clearing in the jungle. The next step on the journey was a 2 hour trip by 4-wheel-drive on dirt roads to "the mission". It consisted of 4 small rectangular houses built from roughly hewn timber and clad inside and out with woven *pit pit* (a type of bamboo) topped with a thatched roof. A copper over a fireplace near the back door was the "hot water system" and the kerosene fuelled lanterns hanging from the ceiling provided the night time lighting. These were the quarters for the Manager, the 5 teachers and 2 nurses.

The school was a series of round structures with a dirt floor made from the same materials. Being over 5000 ft above sea level, the nights were very cold and the walk to school in the morning was through cloud.

You could hear the children singing as they descended the steep winding paths from the surrounding villages. None of my Prep class could speak any English. We communicated in Trade Pidgin at first until the several weeks of Language Drills gave them a basic vocabulary and there was no more need for "me no savvy Missus".

After completing my contract with the mission, I moved into town and taught at the Goroka Demonstration School. My music demonstration classes for student teachers led to an appointment at the Goroka Teachers" College.

On my return to Australia, I enjoyed many years as a Primary Teacher at Good Counsel School in Innisfail, North Queensland. During that time, I completed my teaching degree and also my AMEB exams from the NQ Conservatorium.

A move to South Australia in 1983 gave me the opportunity to become a lecturer in Community Administration with TAFE with appointments in Port August, Ceduna and Whyalla, before retiring to the Barossa Valley.



The present brown summer hills are a far cry from those jungle covered mountains I encountered in my youth.

A view of Goroka in Papua New Guinea, taken from Mt Sitani (Mt Kiss) in 2009. By Manuel Hetzel.

### FRIDAY FORAYS

BOOK via email - u3agawler@gmail.com or phone/text to Jill - 0417 819 498 at least one week before the date



Author Talk – Judy Gillet-Ferguson Date: Friday, 25 Feb, 1.30pm Place: Gawler Rec Centre

Judy Gillet-Ferguson is a retired educator who has been writing for over forty years. Set in the Barossa in 1917, her latest novel, a murdermystery called The German Teacher, investigates themes of internment and prejudice in what was once a cohesive local community. Judy's talk will be in two parts. The first will be about the actual history of the German experience in the Barossa in both world wars. The second will be how she came to write the book.

The book will be on sale on the day for \$25 (cheaper than online or bookshops) and Judy is happy to sign them. CASH ONLY.





LIGHT LUNCH / Coffee & cake Date: Friday, 11 March, 1.00pm Place: Riverside Salvos Café 17 Edith Street, Gawler East

Take the opportunity to relax, chat and get to know other U3A members over coffee and cake, or take advantage of the lunch menu. Afterwards, take a short walk to view the river, and discover the orchard at the rear of the complex. Or go slightly further afield to cross the river into Clonlea Park next door, to see the native garden plantings and follow one of the walking trails.

MENU: Garden Salad \$5; Soup of the day w/bread \$5; Hot Dog \$5; Wedges w/sour cream & sweet chilli sauce \$5; Chicken & Salad Wrap \$6; Chicken Caesar Salad \$6; Hot Chips \$3.50; Sweet Potato Chips w/aioli \$3.50

COFFEE/TEA \$3 or \$4.50. CAKE \$3

PLENTY OF CAR SPACES AT REAR. PLEASE ADVISE WHEN BOOKING IF YOU NEED A RIDE (CAN BE PICKED UP FROM REC CENTRE)



#### Silver Screening @ Gawler Cinema

Date: Friday, 8 April, 10.15am Place: Gawler Cinema, \$15 pp

#### Movie - to be advised

Arrive at 10.15am, enjoy a cup of tea/coffee and biscuits, film commences at 11am, followed by a light lunch (sandwiches & cake)

### Gawler U3A website - Please send me more photographs from the various activities, walks, classes and outings of the club.

Any comments, suggestions or photographs can be sent to either myself - <u>kimrainsford@bigpond.com</u> or to the secretary <u>u3agawler@gmail.com</u> Thanks, Kim Rainsford



#### YOUR COMMITTEE (until AGM on 9 February 2022)

CHAIRPERSON ~ Marie Wilson 0419 828 795

TREASURER and PUBLIC OFFICER ~ Peter Adams

SECRETARY and PROGRAMME CO-ORDINATOR ~ Jill Richard 8522 6140

> MINUTES SECRETARY ~ Jill Richard 8522 6140

WEBSITE CO-ORDINATOR ~ Kim Rainsford

**CATERING** ~ Marie Wilson

**NEWSLETTER** ~ Jan Stokes newsletteru3agawler@gmail.com

#### COMMITTEE MEMBERS ~

Stuart Dunk, Margaret Raggatt, Ann Weiss

#### **REPORTS FROM LEADERS**

#### **Ukes and Company**

As we approach December, we all say "where did the year go?" I'm sure the group will flick through their songbook and see that even in a short year we have covered a wide variety of music.

Some of it was smooth sailing but a great deal of it required hard work. Well done to the "newbies" who put in a super effort to achieve their goals.

We are looking for a Leader for Term 1 of next year. You will not find a nicer bunch of people to share your skills with. Maybe you would feel at home with a co-leader. We have had partnerships before. So let's know if you are willing and able.

The accordion, ukuleles, harmonicas and mandolins look forward to entertaining you on 10 December, and wish everyone A Very Happy Christmas.

Ann Weiss phone: 0415663041 annw9090@gmail.com











We had four lovely walks in Term 4 covering Sandy Creek, Para Wirra, Little Para River and Sailors Gully in Mount Crawford Forest. For our final get together we will have our Christmas Lunch at the Lyndoch Hotel with a visit to the Lavender Farm beforehand.

Our Walks will start later in Term 1 for 2022, due to hot weather and be they will be closer to home. We are looking forward to our Gawler Trains resuming in the new year so we can venture further afield as we did in the past.

Jo & Warren, Leaders.





#### **Bell Chimers**

Bell Chimers are still going strong in spite of the ongoing Covid restrictions. We are now quite efficient at setting up our equipment and doing the clean up afterwards. In the latter part of this term, Christmas music came into its own and it has been so refreshing ringing the old traditional tunes. How guickly Christmas has come around again.

A very special Thank You to my incredible group who are so supportive and committed to our Thursday practice. Tea/coffee etc (I won't say what the etc refers to) at a local cafe is also enjoyed by those able to go.

In the year ahead may you all have inner Peace and Joy in your lives regardless of what we have to deal with. Bell Chimers 🛆 Å

#### Cryptic Crossword Classes

Linda Johnston will continue hosting these classes for those who would like to learn this more challenging type of crossword.

You can choose to:

(1) Learn to play over the course of the first few weeks.

(2) Learn to play and then continue weekly, sharing puzzles, problems and techniques.

REQUIREMENTS: Any Cryptic Crossword Workbook (including any you can find on the internet). Ring / Message / email LINDA for more information 0478 608 835 or email lsjohnston@internode.on.net

#### NEWS – from SA Power Networks

This network is warning about very real bush fire risks this summer season. They have many hints on their website about precautions to take and how to prepare a plan. They advise everyone to register on their service website where you can access free SMS / email alerts and services, or call 13 12 61 during business hours for assistance.

> Website – type in: bit.ly/SMSservice

> The staff of Gawler Sport and Community Centre for everything they do daily to help our courses run smoothly.

The Council of the Town of Gawler for providing a venue which can encompass all our activities.

#### **OUR ONGOING THANKS** AND **APPRECIATION TO:**

Tony Piccolo (Member for Light) and his office staff for their ongoing support in the printing of our Newsletter, Programme, etc











Jen Young 9 August 1939 ~ 31 October 2021



Jenny Young, Barbara Lewis and Jean Brown enjoy a game of mah-jong at the Every Generation Festival at the Gawler Sport and Recreation Centre. *Source: Bunyip, 13 Oct 2010.* 

A long-time Member of the U3A, Jenny Young, sadly passed away on Sunday 31st October 2021. Jenny was a Member for about 30 years and during that time she led a number of Classes. In 1993 she led a class on Health and Nutrition and followed in 1994 with a class on Wellness.

She also led the Group in Creative Writing for a number of years. But Jenny's *Big Passion* was Western Style Mah Jong, which she began in 1996. She was also on the U3A Committee for a few years and was made a Life Member of the U3A in 2010.

Jenny was a wonderful, patient teacher and friend, always ready to help and answer any questions. She had a *Beautiful Smile*, and always made Mah Jong fun with lots of laughter and great conversations. Especially in the later years when Jenny would talk about all the antics and mischief her two cats would get into, so many laughs.

Jenny will be *Dearly Missed* and *Always Remembered* as we continue to play Mah Jong.

#### **Gawler U3A** Term 1 – Jan 31 to April 14, 2022 Hello to all members. Please **submit any articles** for the next Gawler U3A newsletter **by Monday 28 March.**

For **NEWSLETTER** items - please continue to send updates, news and regular information via the email <u>newsletteru3agawler@gmail.com</u> *Jan Stokes* - phone: 8523 4539



#### NOMINATION FORM for A. G. M.

For <u>All Elected Positions</u>	Please fill in and hand in to the Secretary Thank you.	
I hereby nominate:		
	for 2022 (please print & sign your name)	
I hereby second the nomination: Signed:		
If elected, I agree to serve in the above position: Nominee Signature:		

For positions of: Chairperson, Secretary, Treasurer, and 7 committee members

#### **ENROLMENT DAY –** Wednesday, 12 January, 2022 from 10am to 1pm

The Youth Shak is the venue at the Gawler Sport and Recreation Centre

Time : 10am to 1pm

The process will be similar to 2021 registration.

People are encouraged to **PAY ON-LINE** after 1<sup>st</sup> January 2022, once you receive your invoice late in December / early January, either by email or post. If you pay on-line, please complete the Registration Form and Class Selection Sheet and return them via email to *u3agawler@gmail.com* 

If you wish to pay with **CASH** please attend on Registration Day, between 10am and 1pm and complete a Registration Form and Class Selection Sheet.

Alternatively, you can complete the Registration Form and Class Selection Sheet and post them both together to PO Box 1581, Gawler SA 5118.

Name tags will be available for collection on Registration Day or from the Leaders *during the first week of term.* Please bring proof of payment if you have paid via bank transfer within the week prior.

#### AGM – Wednesday, 9 February, 2022 at 1.30pm

Venue: Gawler Sport and Recreation Centre

**RECYCLE THAT !!!** 

A reminder will be sent out via email in January together with the minutes of the 2021 AGM, or a printed copy will be available for collection prior to the start of the meeting.

A nomination form has been included in this newsletter *(on page 6).* All positions are declared vacant at the meeting and members are encouraged to nominate for a position. Chairperson, Treasurer, Secretary and 7 committee members. *(A Programme Coordinator and Minutes Secretary would be very welcome.)* 

Here is a very brief list which may be helpful, thanks to Stuart Dunk.

ltem	Examples	Recycle place	
Batteries – small	(eg. AAA, AA, C cells, D	ALDI	
	cells, 9V)		
Batteries – large	(eg. car batteries)	Scout Recycling Centre	
Clothing & fabric too old		Skip bin near Caltex at Evanston	
_		South	
Electrical goods	(eg. TV's, computers,	Bunnings Warehouse drop-off bin	
	kettles, etc)		
General Hard Waste	(eg. furniture, mattresses,	once per financial year, free	
	etc)	collection by contacting Gawler	
		Council	
Glass		Scout Recycling Centre	
Metal		Scout Recycling Centre	
Light globes		Mitre 10	
Mobile phones		Post Office; and all mobile phone	
		retailers	
Paint		NAWMA at Elizabeth Depot	
Website - Paintback		Other SA places accepting paint	
Printer cartridges		Post Office; Gawler Cartridge	
		World; Harvey Norman; JB HiFi	
Soft plastic		most major supermarkets	

# Merry Christmas and Happy Lew Year

Detailed information fact sheets are available from Green Industries SA on a broad range of waste disposal and recycling. SA.Gov.Au website has a page detailing recycling options and factsheets.

#### Gawler U3A Classes for 2022

ART GROUP (Imagine) Run by its members, who take turns choosing/introducing different art mediums, or invite volunteer artists to teach a class. New members welcome.

BELL CHIMERS Limit 12 members at a time due to the number of chimes available, we are often invited to play for Seniors' Groups, Homes, etc., especially at Christmas time.

BLUEGRASS BANJO AND BEYOND. Will recommence once masks are not required.

BOOK CLUBS Monthly meetings. The 'twist' is choosing a different genre or topic from a given list each month. Choose your own book to read; we then share around the table before a cuppa and cake at evening meetings [Book Club with a *Twist* at the Masons (full)

CHAIR DANCING An aerobic form of exercise all done sitting down. Your imagination as well as your body get a good workout, as we 'dance' along to well-known tunes. Also promotes coordination. All welcome.

COMPUTING HELP DESK—Call Stan and arrange a time to meet at the Centre for assistance.

CRAFT CIRCLE Bring your own craft (knitting, crochet, hand-quilting, cross stitch, etc) or work together on items which will eventually go to a worthy cause.

CREATIVE WRITING Write short stories or poems on a wide range of topics; prompts allow completely different works to evolve. We then share and discuss.

CRYPTIC CROSSWORD CLASS New members taught how to begin solving these puzzles, followed by ongoing sharing of problems and techniques with others. Start any time.

DISCUSSION GROUP Many and varied topics bring out lively, sometimes spirited, relevant and meaningful discussions and a range of different thoughts and opinions. Newcomers welcome.

FRIDAY CRAFT & LEISURE GROUP Members gather around different tables doing a variety of crafts or activities: teddy bear making, card making, pastel painting, jigsaws, colouring in, knit and crochet, etc. New activities possible based on availability of teacher and/or interested members.

FRIDAY FORAYS A range of 2-3 activities are spread throughout the term: guest speakers, films, outings, lunches and tours. Choose those that interest you. Suggestions for activities are very welcome. FUN BOARD & CARD GAMES We play old and new games: Chase the Ace; Dog; Rummy-O; Skip-Bo; Uno. Bring your own and share it with us! All welcome.

HARMONICA New members welcome. No previous experience required.

"JAM ALONG" All musical instruments and singers welcome. We play all genres of music and are happy to learn how to play your favourites.

LINE DANCING Choreographed with a repeated sequence of steps in one or more lines or rows. Good exercise, memory enhancing and SO much fun! Previous experience necessary.

MAH JONG "Western Game" rules, with endless variations. Experienced and novices both welcome.

MEN'S GROUP We meet fortnightly at Café Nova for a coffee, cake and chat or occasionally lunch & coffee. No formalities, just an opportunity to have a friendly chat and pass the time of day. A good excuse to put aside those chores, so come and join us.

RAMBLERS Fortnightly walks of between 3-5 km, either locally or further afield, reached by foot, carpooling or public transport. All welcome.

SCRABBLE An enjoyable way to keep one's mind alert and thinking. New members always welcome.

SJOELEN (DUTCH SHUFFLEBOARD) Very popular Dutch game played either sitting or standing. Good for hand-eye coordination, upper body movement and a bit of competitive spirit. Fun and very addictive!

TAI CHI –Beginners Come and learn in Term 1 and continue in Term 2 when we change our focus to continuing through the later levels.

TAI CHI (Intermediate) For those who have already learnt some Tai Chi and wish to continue. But anyone is welcome to come along and see what Tai Chi is all about and join in with the Exercises and Lotus Meditation.

TAI CHI & SHIBASHI As well as the same Tai Chi exercises taught on Tuesdays we include Shibashi (formal exercises performed in follow-the-leader style).

UKES AND COMPANY Next step up from Beginner Ukes. Players of other instruments are welcome to join us as 'support players'.

.