



NEWSLETTER

GAWLER, SOUTH AUSTRALIA

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u3agawler@gmail.com
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TERM TWO, 2021: April 27 to July 2

CHAIRPERSON'S REPORT

Firstly, I would like to mention our special Annual general Meeting followed by the normal Annual General Meeting. I would like to thank the 29 people who attended. The 271 plus who didn't, this is the opportunity to find out what is going on throughout U3A and have a chance to voice your opinions. Everything was passed, so we, as a committee, have to assume everything is going great for everyone.

The only thing that wasn't good is the fact we still have no appointed secretary. The positions of Secretary and Programme Co-ordinator will be advised shortly when more details are confirmed. Meanwhile we may still need members to volunteer for a few different roles, even if they are not on the Gawler committee. The committee will help all they can, our acting secretary can only go so long before she is ready to pass on the reins. 😞

We have an exciting program for this year and it just keeps getting better with new groups being added or extended all the time. Berlinda ran a special Beginner's Line Dancing class in Term 1. A number of those who attended will now move on to the regular class (*which can only take a few extra members because of limited Covid space, and only those who have done Line Dancing before*). Thank you Berlinda.

We also have a new book club run by Maggie Cope as well as 'Book club with a twist' run by Fran and Graham. Cryptic Crossword run by Linda Johnson is also a new program for the year. The banjo group is re-starting with 3 eager members, but will need more to make it viable into the future. I wish the new classes all the best.

The rest of the year looks very positive! The COVID 19 has lifted some restrictions however the following rules are still in place:

- Social Distancing
- Booking in to the building, *AND*
- Booking in to each class (*if signing in, please use both names*)
- No shared food and drink

If any of these rules change, we will keep you informed.

Have a great Easter break and we look forward to seeing you back and ready for classes in Term 2 with enthusiasm. (*Report typed by Marie's Granddaughter as Marie has a broken arm – but that is another story!!*) Always here for you, if you need a chat or have any questions 0419 828 795.

Best Wishes,

Marie Wilson (Chairperson)



PLEASE ~ REMEMBER TO WEAR YOUR BADGE AT ALL U3A ACTIVITIES

YOUR 2021 COMMITTEE

CHAIRPERSON ~ Marie Wilson 0419 828 795

TREASURER / PUBLIC OFFICER ~ Peter Adams

SECRETARY ~ *to be advised*

MINUTES SECRETARY ~
Jill Richard 8522 6140

PROGRAMME CO-ORDINATOR ~ *to be advised*

WEBSITE CO-ORDINATOR ~
Kim Rainsford

CATERING ~ Marie Wilson

NEWSLETTER ~ Jan Stokes
newsletteru3agawler@gmail.com

COMMITTEE MEMBERS ~
Stuart Dunk, Dianne McGough,
Margaret Raggatt, Ann Weiss

FRIDAY FORAYS

Please note that this event (below) is being held on the FIRST week back in Term 2 – Friday 30th April, so please book your place with Fran ASAP – phone/message **0421 604 670** or – email to **u3agawler@gmail.com** ↓

RAA Seniors' program

YEARS AHEAD: LIFESTYLE

- ◆ Car safety and maintenance
- ◆ Saving money on fuel
- ◆ Transporting grandchildren
- ◆ Taking a holiday & interstate motoring
- ◆ Security at home and while you're away
- ◆ Staying healthy and mobile

THEN AND NOW: the history of RAA

Gives an insight into RAA's history, spanning more than 115 years.

- ◆ RAA through the decades and today
- ◆ How our state's roads have changed



FRIDAY, APRIL 30th

@ 1.30pm (Rec Centre)

REMINDER –

The talk by David Kilner on **AGATHA CHRISTIE** will now be held on **JULY 30th** (Week 2 of TERM 3).

Live well with Arthritis – at home and in the garden

Living with arthritis can affect many aspects of daily life, from specific tasks like using taps or opening jars to everyday activities such as driving or gardening.

This workshop looks at some of the common difficulties people have and gives practical ideas on techniques and gadgets you can use.

We take a look at how different healthcare professionals can support you. Includes links to resources to support you in your journey.

Date – Friday, 28 May

Time – 1.30 to 3.30pm

At the Gawler Sport and Community Centre, Nixon Terrace, Gawler

FREE session, but bookings are essential – Book via Gawler U3A email - **u3agawler@gmail.com**

Update about the Gawler U3A website

I am pleased to inform members that I have taken on the responsibility of administering the Gawler U3A website. I have already made a number of changes to try and improve the information on the site.

The layout has changed slightly and I am gradually updating the photographs to reflect more recent activities of Gawler U3A.

Please take the time to visit the site.

I would appreciate any comments you have on what other information you would like to see on the site.

There will be limitations on what can go on the site but all suggestions will be carefully considered.

One thing I would appreciate is **more photographs** from the various activities of the club. I would like to have a gallery of photographs so that every so often I can update those on the site to “freshen” it up a bit. I would prefer the photographs are landscape format, as this makes them more suitable for consideration for the homepage. Any comments, suggestions or photographs can be sent to either myself –

kimrainsford@bigpond.com

or to the secretary

u3agawler@gmail.com

Kim Rainsford



NEW CLASSES

NEW FOR TERM 2, 2021

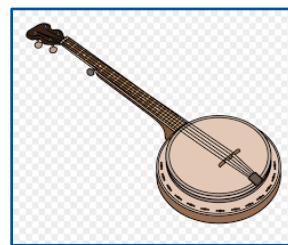
BLUE GRASS BANJO AND BEYOND

The Bluegrass Banjo Class has resumed with a small number of eager members and hopes that more members (current or new) will give it a try. *Newbie students are very welcome.*

REGULAR CLASS (some experience required): Tuesdays 1.00 – 2.30 pm

BEGINNERS CLASS: Tuesdays 2.30 – 3.15 pm

Instrument required is a five-string banjo. The hire of an instrument is available from MUSIC CORNER NORTH, 21 Wiltshire St., Salisbury, for a reasonable monthly cost, with the option of purchasing at the end of the hire period. Written notes will be provided by Derick from his quite large library. It will be necessary to purchase a workbook called *Splitting the licks*, by Janet Davis (a Mel Bay publication), also available from Music Corner North, Salisbury.



Demonstrations on playing styles by Derick, drawing from a few years of playing and jamming. So let's get it on and start to play and enjoy! (Phone Derick Winterbottom 0418 828 274 for further information.)

Please **CONFIRM ATTENDANCE ASAP.**

email: u3agawler@gmail.com Message 0421 604 670.

MONDAY BOOK CLUB

The Thursday evening, monthly **Book Club with a Twist** has been running for several years and has a full complement of members attending and following our very popular 'programme with a difference'.

Maggie Cope has volunteered to run a daytime session, using the same programme, but with her members making their own, independent choice of topic each month.



The Monday Book Club will be held at Maggie's home at Riverdell, Hillier EVERY THIRD MONDAY AFTERNOON from 2 - 4 pm.

The next meeting will be on 19th April (During School Holidays). The topic set for this month is "*The Tudor Period*". It can be fiction or non-fiction - your own choice.

At the meeting everyone will share what they have gleaned about the book and its author with the other attendees.

If you are interested, please ring / message 0421 604 670 and Fran will send you a copy of the map to Maggie's home. *For more information* – Maggie's phone 0427 324 879.

CRYPTIC CROSSWORD CLASSES

Thursdays 1.00-2.30 pm

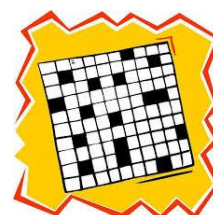
Linda Johnston will continue hosting these classes for those who would like to learn this more challenging type of crossword.

You can choose to:

- (1) Learn to play over the course of the first few weeks.
- (2) Learn to play and then continue weekly, sharing puzzles, problems and techniques.

REQUIREMENTS: Any Cryptic Crossword Workbook (including any you can find on the internet). Ring / Message / email LINDA for more information 0478 608 835 or

lsjohnston@internode.on.net



New Classes and a Workshop (Term 2, 2021) *continued ...*

“UNTANGLING THE WEB” — Photo Management for Portable Devices

This workshop replaces the one missed in Term One and is for those using smartphones, iPad, iPhones, tablets, etc. (**NOT** for laptops or desktop computers)



Special 1 hour Workshop on Thursday, 6 May, 9am to 10am

To register: EMAIL u3agawler@gmail.com or

PHONE / MESSAGE 0421 604 670

For more information ring Kat on 0438 886 568

SOCIAL BALLROOM DANCING

Unfortunately, the Ballroom Social Dancing Lessons **are cancelled**.

Thank you to all of you who registered for Social Ballroom Dancing Lessons. I was really looking forward to teaching you and had all lessons planned with great music.

Because I am experiencing leg problems I am unable to teach social ballroom dancing. I am sorry to disappoint all who registered.

If you have done Ballroom Dancing before and would like to have tips on how to make dancing together easier, I will be happy to answer those questions over the phone. Regards, Diane ph. 0407710903



REPORTS FROM LEADERS

CRYPTIC CROSSWORD CLASSES

Thursdays 1.00-2.30 pm

Ring / Message / Email LINDA 0478 608 835 or lsjohnston@internode.on.net

What a wonderful success we have had with this course. As the leader I think that I managed (after a shaky start) to impart the information needed to start solving cryptic crosswords. The delight of the class when they had their “light bulb moments” was amazing to see. No matter how many times it was said that they would never get it, they always did in the end. We started off very gently and progressed to more challenging puzzles.

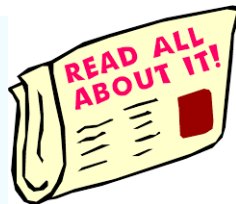
We are continuing with this course next term and newcomers will be most welcome.

Thanks to Jeff Heath, for allowing me the use of his course notes

About the Newsletter

Hello to all members.

I am now working with Fran to transition to being the Editor of this newsletter and it will be quite a challenge to follow in the footsteps of Fran’s excellent Newsletter editions containing all the pertinent news for Gawler U3A members.



I admit, I mainly read sections that were my special interests (like Tai Chi and craft work), and items about anniversary events and information sessions, however I always knew it was there for ready reference about new classes, changes to dates, etc.

For **NEWSLETTER** items - please continue to send updates, news and regular information via the email

newsletteru3agawler@gmail.com.

Jan Stokes ph 8523 4539

AGM REPORTS 2021

Chairperson's Report – *Marie Wilson*

Firstly, many thanks to the outgoing committee especially our Secretary Fran who has been a tower of strength during her role. Things change and we have to move on and I know you will join me in wishing her all the very best in the future. Good news, Fran will lead her classes as usual.

Nothing much to report really. It has really been a funny old year; we all started our classes then COVID 19 stepped in and ruined the whole year. Hopefully, we are now back to full strength with new classes and new members. Thank you for your cooperation on enrolment day with the new structure due to COVID 19 restrictions. Best wishes to the new committee.

Secretary's Report – *Fran Mason*

2020 started in the usual manner, with leaders and members eager to get back to their U3A activities after the summer break, but as you know, it all changed in mid-March due to the Coronavirus. Towards the end of July, with some trepidation and with many stipulations in place, we began Term 3. A couple of groups decided to wait a while, but all have now resumed, much to everyone's relief. We had quite a few new members join up in the second half of the year, and that trend has continued this year, with the Chair Dancing, Tai Chi and Line Dancing classes especially, being so popular that they have almost too many to handle. Quite a few inactive members have returned as well, which has been gratifying to see.

I would like to thank the Leaders who do so much behind the scenes to make their activities work so well. Some of you have been conducting your classes for many years, and we sometimes take that for granted, but please believe we treasure you and your dedication. It's always a step into
cont/-

the unknown for those who think they can offer something new to our organisation, but we are gratified and delighted when one of our members decides to offer a new activity, and even though some of them start off with a small number, most are very successful and continue to be offered each year. Just looking at our program we can see what a range of activities we offer to our members.

I have been Secretary of U3A Gawler since Term 4 of 2016, and have enjoyed every minute of it. It has been a privilege to work with so many of you, especially the members of the committee and the executive, leaders of our many activities, and those special U3A members who offer themselves for other important roles when needed. As a new resident of the Gawler area 5 years ago it was a great way to become a part of the community. I have gotten to know many of the members personally by running several activities and also taking part in others myself, and I hope to continue doing so into the future.

As most of you are aware, however, I have decided not to nominate as a committee member or as Secretary this year. Our sixth grandchild was born yesterday in Melbourne, so time with family is becoming even more of a priority, as well as other activities which are special to me but have had to take a back seat.

This role has several parts which can be taken on by more than one person, and I am very willing to spend time with anyone who nominates themselves for the position. I am sure that person, or persons, taking on such a position will find it as rewarding as I have. I wish the committee of 2021 all the very best.

Treasurer's Report – *Peter Adams*

I have much pleasure in presenting this report to members of U3A Gawler Branch Inc.
(Also attached: Balance Sheet, Profit & Loss Statement 1 Jan, 2020 - 31 Dec 2020, with Auditor's report covering the validity of those statements.)
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Treasurer's Report – Peter Adams ... continued

As you are all aware, this time last year we began to face the COVID 19 pandemic and were forced to shut down operations for most of the year. In spite of this setback I am happy to report that the financial aspect of the Association's operations has survived without major problems. The management committee has worked tirelessly along with your leaders' group dealing with Government-led changes.

I take the opportunity to acknowledge the support of the Town of Gawler, the staff at the Centre and the help of the members themselves. Without that support we would be struggling to run an efficient operation to benefit all of our members. I would also like to acknowledge the assistance given by the office and staff of Mr Tony Piccolo, our local MP, with printing of our reports, etc.

Owing to ill health I have had to impose on the members of the current committee and wish to thank them sincerely for their help and look forward to that help continuing for the next year. I also wish the retiring members all the best for the future and welcome incoming new committee members.

U3A Life Memberships – presented at the AGM, February 2021

Marie Wilson presented certificates to four Gawler U3A members – as a thank you and a token of appreciation for a job very well done.

Peter Adams

Peter took over the Treasurer's job in 2014 and was also Treasurer for U3A SA and has kept our money safe and sound.



Joyce Fox

Joyce became a leader of Bell Plates in 2008 and conducted a beginners class in 2009. As the plates deteriorated the group moved to Bell Chimes from 2014 to date. Joyce is still trying to get the 12 ringers to produce beautiful music.



Daisy Cussans

Daisy took over the Scrabble group in 2013 and is still continuing with the class. Daisy became a Committee member in 2014 – retiring last year, but still helping with catering at events.



Sue Stanner

Sue was leader of Tai Chi in 2006 and is still conducting classes and they have grown in numbers, with Sue remaining the leader. An active committee member for a number of years and still helps when necessary.



ARTICLES FOR THE NEXT NEWSLETTER

Please send items to the [newsletter](mailto:newsletteru3agawler@gmail.com) email address **BY June 18**, for collating into the newsletter which will be issued for Term 3. Please send any articles about your class, or updates, or other information to: **email** - newsletteru3agawler@gmail.com



Gawler U3A term dates :

Term 2 – April 27 to July 2
Term 3 – July 19 to Sept 24
Term 4 – Oct 11 to Dec 10

U3A CLASSES TERM 2, 2021

ART GROUP (*Imagine*) Run by its members, who take turns choosing/introducing different art mediums, or invite volunteer artists to teach a class. New members welcome.

BELL CHIMERS Limit 12 members at a time due to the number of chimes available, we are often invited to play for Seniors' Groups, Homes, etc., especially at Christmas time.

BLUEGRASS BANJO AND BEYOND. Divided into those with experience followed by absolute learners, learn how to play in a small class setting.

BOOK CLUBS Monthly meetings. The 'twist' is choosing a different genre or topic from a given list each month. Choose your own book to read; we then share around the table before a cuppa and cake at evening meetings [Book Club with a *Twist* at the Masons (full) or **Daytime Book Club (Mondays with Maggie)**].

CHAIR DANCING An aerobic form of exercise all done sitting down. Your imagination as well as your body get a good workout, as we 'dance' along to well-known tunes. Also promotes coordination. All welcome.

CRAFT CIRCLE Bring your own craft (knitting, crochet, hand-quilting, cross stitch, etc) or work together on items which will eventually go to a worthy cause.

CREATIVE WRITING Write short stories or poems on a wide range of topics; prompts allow completely different works to evolve. We then share and discuss.

CRYPTIC CROSSWORD CLASS New members taught how to begin solving these puzzles, followed by ongoing sharing of problems and techniques with others. Start any time.

DISCUSSION GROUP Many and varied topics bring out lively, sometimes spirited, relevant and meaningful discussions and a range of different thoughts and opinions. Newcomers welcome.

FRIDAY CRAFT & LEISURE GROUP Members gather around different tables doing a variety of crafts or activities: teddy bear making, card making, pastel painting, jigsaws, colouring in, knit and crochet, etc. New activities possible based on availability of teacher and/or interested members.

FRIDAY FORAYS A range of 2-3 activities are spread throughout the term: guest speakers, films, outings, lunches and tours. Choose those that interest you.

FUN BOARD & CARD GAMES We play old and new games: Chase the Ace; Dog; Rummy-O; Skip-Bo; Uno. Bring your own and share it with us! All welcome.

HARMONICA New members welcome. No previous experience required.

"JAM ALONG" All musical instruments and singers welcome. We play all genres of music and are happy to learn how to play your favourites.

LINE DANCING Choreographed with a repeated sequence of steps in one or more lines or rows. Good exercise, memory enhancing and SO much fun! Previous experience necessary.

MAH JONG "Western Game" rules, with endless variations. Experienced and novices both welcome.

MEN'S GROUP We meet fortnightly at 1.30 pm at Café Nova for a coffee, cake and chat. Come and join us.

RAMBLERS Fortnightly walks of between 3-5 km, either locally or further afield, reached by foot, carpooling or public transport. All welcome.

SCRABBLE An enjoyable way to keep one's mind alert and thinking. New members always welcome.

SJOELEN (DUTCH SHUFFLEBOARD) Very popular Dutch game played either sitting or standing. Good for hand-eye coordination, upper body movement and a bit of competitive spirit. Fun and very addictive!

TAI CHI (Continuing) No new members unless you have done some before, as in Term 2 we change our focus to continuing through the later levels.

TAI CHI (Intermediate) Learnt some and want to continue? Come and see what Tai Chi is all about and join in with the Exercises and Lotus Meditation.

TAI CHI & SHIBASHI As well as the same Tai Chi exercises taught on Tuesdays we include Shibashi (formal exercises performed in follow-the-leader style).

UKES & CO LEVEL 1 Next step up from Beginner Ukes. Players of other instruments are welcome to join us as 'support players'.

UNTANGLING THE WEB Watch out for several 'one-off' workshops to be advertised during the term.

WRITE YOUR OWN LIFE STORY We share short 10 min. talks on an aspect of our own life story, evolving over time into documents to pass on to family.

OUR ONGOING THANKS AND APPRECIATION TO:

Tony Piccolo (Member for Light) and his office staff for their ongoing support in the printing of our Newsletter, Programme, etc

The staff of Gawler Sport and Community Centre for everything they do daily to help our courses run smoothly.

The Council of the Town of Gawler for providing a venue which can encompass all our activities.