



GAWLER, SOUTH AUSTRALIA

ABN 46 772 015 357

NEWSLETTER

PO Box 1581 GAWLER SA 5118

www. u3agawler.org.au

u3agawler@gmail.com

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TERM ONE, 2020: 28th JANUARY to 9th APRIL

CHAIRPERSON'S REPORT

2019 is ending and, as usual, it has been a very busy year. My job as Chairperson has been made easy due to our busy Committee who have worked consistently to keep the organisation running smoothly, so that we can all enjoy our classes and special events. I thank them for their hard work and commitment, particularly in organising our first Fun Community Luncheon. This raised \$1,570.75 which was donated to the Gawler Health Foundation for the Gawler Hospital's Palliative Care Unit. Also, thanks to those organising our equally fun Christmas Celebrations, and the many classes that have been run this year.

Friday Forays have been varied and very interesting, and I encourage anyone who has not taken part in these events to consider them next year. I'm sure you will really enjoy yourself. I look forward to what 2020 has to offer.

REGISTRATION DAY for 2020 will be on Wednesday 15th January. Please keep this date in your diary.

We have kept the fees the same as last year. Fees will be \$30 per annum, \$15 terms 3 and 4, and \$10 for last term only.

In 2020, the AGM of U3A Gawler will be held on Wednesday 12th February. Please consider coming to vote and show support for your committee, and maybe volunteering to be a committee member.

On behalf of the Committee, I would like to wish all of our members a Merry Christmas and a very Happy New Year.

I hope we will see you back next year, happy and rested, and ready to start 2020 with U3A Gawler.

Margaret Travers,

Chairperson

0407 602 161.



TERM 1 ACTIVITIES

Drawing : Craft Circle
Friday Craft & Leisure Group

Bell Chimers : Bluegrass Banjo and
Beyond : Harmonica : Guitar :
"Jam Along" : Ukulele

Book Club with a Twist
Creative Writing : Discussion Group
: Write your own Life Story

Chair Dancing : Line Dancing
Ramblers : Shibashi : Tai Chi

Fun Games Afternoon : Mah Jong
Scrabble

Friday Forays

YOUR 2019 COMMITTEE

CHAIRPERSON:

Margaret Travers 0407 602 161

TREASURER/PUBLIC OFFICER:

Peter Adams

SECRETARY/NEWSLETTER

Fran Mason 0421 604 670

u3agawler@gmail.com

MINUTES SECRETARY/
WEBSITE COORDINATOR

Jill Richard 8522 6140

CATERING: Daisy Cussans

COMMITTEE MEMBERS

Margaret Raggatt, Lois Ward,
Ann Weiss, Marie Wilson

ROOM BOOKINGS

Berlinda Swyghuizen

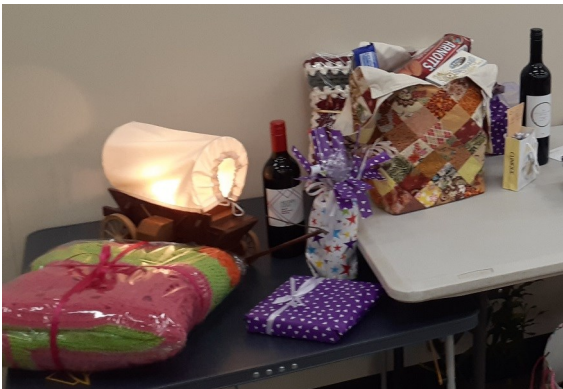
0434 485 989

u3aroombooking@gmail.com

Fun Community Luncheon

What a great day we had on Friday 20th September, with the fund-raising luncheon organised on behalf of the Gawler Health Foundation, raising money for the Gawler Hospital Palliative Care unit. We raised \$1570.75!! As a continuation of the initiative begun by Berlinda Swyghuizen in 2018, approximately 90 people took part, and feedback is that they enjoyed the afternoon immensely. Thank you to the many volunteers who helped with the setting up, and keeping the various activities, from selling tickets and providing music to organising the food and looking after each table, running smoothly. We could not have done it without you! Thanks to those who donated the many items we were able to use for raffle and door prizes as well as the silent auction, book table and plant table. Others donated cash or lent us their handiwork so we could have a 'Choose your favourite' section - a great way to admire the talents of our members. Congratulations to the Sub-Committee for all the work done in advance and on the day to make this very worthwhile activity such a success.

Your Committee.



LEADER INFORMATION

ROOM BOOKINGS PROCEDURE— CHANGES, CANCELLATIONS, etc

U3A Gawler Room Bookings Officer is Berlinda Swyghuizen
ph 0434 485 989 : email u3aroombooking@gmail.com

ALL CHANGES, CANCELLATIONS OR NEW REQUESTS MUST GO THROUGH HER,
(or the Secretary in her absence.)

Under no circumstances should any member/leader attempt to
organise these through Leanne at the Centre's desk.

If you would like to book a room for a special purpose, please request approval from the Committee.
Unauthorised bookings may result in U3A being charged the full 100% fee.

ARTICLES FOR TERM 2 NEWSLETTER

Please send any articles about your class, or other information to Fran at u3agawler@gmail.com or
phone 0421 604 670. **Final date** for next term is TUESDAY 31st MARCH

REGISTRATION DAY

At Gawler Sport and Recreation Centre

Wednesday 15th January 2019

10 am to 12 noon

1. Enter the **Youth Shack** via the door from Foyer.

2. **GO TO:** TABLE 1 (NEW MEMBERS) or
TABLE 2 (PAY WITH INVOICE) then
or TABLE 3 (COLLECT MEMBERSHIP
BADGE) when/if paid (including
already online/at bank)

NB If for any reason you have
not received your invoice but
would like to pay in advance:

BSB 105 009 (Bank SA) \$30.00

A/c 0657 70140 (U3A Gawler)

Ref: YOUR SURNAME

(Invoices will have been sent out from 1st January)

3. **Browse** information tables, then **register** your intention of attending
classes at the appropriate table.

4. Enjoy a chat and a cuppa.

5. Exit via the glass doors to the outside.

LEN

COCKERILL

10.3.1924

to 1.10.2019

(aged 95 years)

Len Cockerill and
wife Joyce were
members of the
first Committee of
U3A Gawler in 1988.



Len introduced and ran the Discussion Group for its
first three years and Painting and Drawing (89-07)
for its first five years. He was still teaching Advanced
Tai Chi until T4, 2016, so is still remembered by
many members. Len and Joyce (also deceased) were
awarded Life Membership in 2009. VALE, Len.



A pin-up board for U3A is
situated opposite ROOM 3
at the Recreation Centre.

If you need to consult the
programme and don't have
yours handy, there is always a
copy there for you to look at.

Other important information is
also pinned there from time to
time, so please take a moment
to check as you walk past.

CLASSES—programme updates

MONDAYS:

Ramblers: Due to likely hot weather in February (SEE BELOW), this activity will not start until 17th Feb.

Line Dancing: See TUESDAYS

Drawing: Extension Class (Class 1) is set for 1-3 pm; Beginners (Class 2) for 3-5 pm. Depending on numbers, Murray may decide to amalgamate the ongoing classes into one as the term progresses. If you would like to learn to draw from scratch, please REGISTER on 15th January or email/message the Secretary if you cannot attend. A viable number for the Beginners class is a minimum of 6.

TUESDAYS:

Line Dancing will now be two hours long, and has moved to Tuesday afternoons, from 1.30 to 3.30, with a short break halfway through.

WEDNESDAYS:

Kaleidoscope: *Those who went to Arthur's impressive presentations this past term came away with much new knowledge and things to ponder. However, due to the overall low attendance for the amount of preparation involved, he will not be continuing in this format.*

DO WATCH OUT for the occasional "one-off" presentations on general interest topics which will be advertised in advance throughout the year.

NEW Write your own Life Story will be run by Arthur and Judith in this time-slot instead, taking place fortnightly from 9.30—11.00. See P.5 for more information.

"Jam Along": See THURSDAYS

THURSDAYS:

Meditation and Beyond: *Marilyn has informed us that due to family commitments next year she and Peter will be unable to continue with this class in 2020, although they may be able to return sometime in the future if the interest is there. We would like to thank Marilyn for the hard work and dedication she has put in to present this activity over the past couple of years, and wish her and Peter all the best.*

NEW Beginner Guitar: Bring along your guitar and learn to play with other like-minded people from 9-10.30 am. This class will not begin until **WEEK 6** (Thursday 5th March).

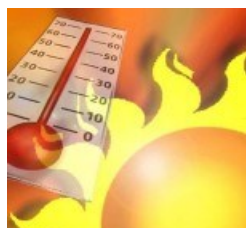
"Jam Along": James Cruz is happy to continue running this activity until someone else decides that they might like to take it on. (Do let us know!) The class will resume in **WEEK 6** (Thursday 5th March.)

FRIDAYS:

Sjoelen (Dutch Shuffleboard): Thanks to all those who have registered interest in this popular Dutch pastime. We are in the process of trying to source a number of boards to make the activity worthwhile, hopefully via a grant. At the moment we are thinking of alternate Friday afternoons which will not clash with Friday Forays. We will keep you informed on when we hope to begin. **Come to the Registration Day to see Sjoelen being played, and try it yourself!**

NOTE! Please don't be surprised if very occasionally your class's regular room is unavailable. The staff of GSCC always do their utmost to organise an alternative to suit the circumstances.

HOT WEATHER POLICY



U3A Gawler does not have a hot weather policy in place for activities held at the Gawler Sport and Community Centre, as the Centre has air conditioning throughout. Members booked for **FRIDAY FORAYS** outside the Centre will be informed of any activity's cancellation on the day before if necessary.

RAMBLERS: Amendment to Hot Weather Policy.

34°C or over: Short walks only will not be cancelled. Individual's decision on whether to walk. Jo will turn up regardless so no need to call.

Outings via train or beach walks: walk cancelled.

NEW CLASSES

WRITE YOUR OWN LIFE STORY

This course ran previously for several decades (1988-2017) and was led by Pat James for 23 years.

We are delighted that Arthur and Judith Davies are happy to take up the reins again and offer it to a new cohort of members.

This course can be run in different ways, depending on how many people are enrolled. In **previous years**, when Pat James ran the group, a maximum of **ten people** were allowed and she had a waiting list of others who would join when a member dropped out. The sessions were fortnightly, which gave each member time between sessions to write a short facet of their life story. Each member was allowed about ten minutes in every session to read this to the rest of the group. Pat did not help with editing, grammar or typing and left this up to the individual member.

What we intend to do initially is to start the course in the same way as Pat, but with help with editing and grammar if needed. We can add extras such as Ancestry as we go along. Judith and I intend to take out a subscription next year and can use our laptop computer to demonstrate how a family tree can be constructed, and also explain different levels of subscription to Ancestry.com (they give one month free membership to allow you to decide if you wish to continue). If members are interested in the Ancestry part then this can be included as part of their life story (we are all a product of our history!). **Also some members may prefer to do a photographic life story**, short or long, that contains a collection of photos, each with a descriptive comment. If necessary we can help with scanning the photos and how to include them in a computer document.

GUITAR FOR BEGINNERS (James Cruz)

Are you into country music, rock or heavy metal, wanting to improve your guitar skills or always wanted to learn to play guitar? Then this is your chance. I can teach you the skills; I have played guitar for 40 years and I am keen to teach others. We will start by learning how to tune a guitar and then learn the chords. I hope to hear you rocking by the end of the year. Bring your own guitar (and tuner if you have one). Looking forward to having some musical fun! **Starts on March 5, 2020.**

SJOELEN (DUTCH SHUFFLEBOARD)

Pronounced "shoe-len", this game has been played at Whyalla U3A for 5-6 years, and Fran and Graham Mason would like to now introduce it to the Gawler branch. Graham will have their board set up in a corner of the Youth Shak on Registration Day for all those who would like to 'have a go'. We will be taking names of those interested and the committee will then attempt to get funding to buy 3-4 more boards if it appears feasible to do so, so we can start the group up hopefully in either Term 2 or 3...

A very popular game of Dutch origin, Sjoelen is played on a Sjoelbak (shuffleboard table) approx 2 metres x 42cm using 30 wooden pucks. Players take turns attempting to slide as many pucks as possible through the arches at the other end of the table, taking three 'sub-turns' to use up their pucks. The arches are numbered 2,3,4 and 1 and each puck in its respective slot adds to the total score. However, if you get an equal number of pucks in each slot the score doubles! It's great for everyone, including those who are unsteady on their feet, as it can be played sitting down. At the same time, it's good for hand-eye coordination and upper body movement, as well as being just plain fun and very addictive! It's simple to learn, but there is a lot of strategy as well as rivalry to see who can score the most points.



FRIDAY FORAYS

N.B. Unfortunately we are no longer able to do the walk through the Mangroves at St Kilda as Nadia and family now have other commitments taking up most of their time.

We hope you will enjoy the following offerings this coming term.

Please email/phone/message Fran to book: u3agawler@gmail.com or 0421 604 670

- 1. FEB 7th (Wk 2) Tour of NAWMA (Northern Adelaide Waste Management Authority) 10 am to noon.** Participants tour NAWMA's Material Recovery Facility (MRF) at Edinburgh to hear about the processes involved in sorting and collecting recyclable materials, then go on to their new Education Centre. The tour is free but there is a **limit of 20 participants**. Meet at the **Rec Centre carpark at 9.15 am** for car-pooling. Please remember to ring Fran 0421 604 670 if you would like to join the tour.
- 2 FEB 28th (Wk 5) Education Seminar with Arthritis SA. "Live well with arthritis" plus "Managing arthritis pain". 2 hour session includes a break in the middle. 1.30 to 3.30 pm at the Rec. Centre.** This session will provide a general introduction to the most common forms of arthritis and the treatment and management options available, as well as covering information on simple tips to help you cope with ongoing arthritis pain. Bring a friend.
- 3 MAR 27th (Wk 9) Cuppa, Cake and Chat. 2.00—3.30 pm** Time to get together somewhere local, have a cuppa, and chat about how the term has gone, what groups you attend, etc.
VENUE TO BE DECIDED



**THANK
YOU!**

Two years ago we were provided with a grant via U3ASA to run a certified St John First Aid course, and about 18 of our members volunteered to attend.

Those members all have the First Aid sign attached to their name badge, and we thank them for their ongoing availability whenever needed.

We would especially like to acknowledge Josie and Sue, who attend the Ramblers and therefore have more occasion than others to be vigilant. They have been called on to use their training, caring manner and time to help other members several times over. **Thanks to you all.**

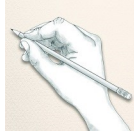
2020 A.G.M.

**will be held on
Wednesday
12th February
at 2.00 p.m.**

**We are hoping to again have a speaker
to stimulate and entertain you
before the AGM begins.**

**Please put this date
in your diary.**

CLASSES CONTINUING—TERM 1,



ART AND CRAFT



BASIC DRAWING

Stage 2 classes were well attended and all students wish to continue next year. I'm proud of the dedication they have put into their work. Basic Drawing has provided fun and laughter as well as confidence to continue to draw and enjoy copying or creating images of their own. Stage 3 classes will commence Monday 3rd February 2020 from 1pm to 3pm (maximum number 14 persons).

Beginners class 3pm to 5pm will also commence on Monday, 3 February. Priority will be given to members who have regularly attended and wish to revisit the basic drawing class. Basic skills learned during the sessions are shapes, perspective, light and shade, layout and the importance of guidelines. Consider which class suits you best or turn up at 1 pm and show me your homework??? Have a happy and safe Christmas and take it easy on the cooking sherry. Cheers **Murray Goodes (Granddad)**

CRAFT CIRCLE

We have settled into a group of about 10-12, who meet every Wednesday afternoon to sit around the table doing our own craft (knitting, crochet, hand quilting, cross stitch, etc) or to work on items which will eventually go to a worthy cause. One member continues to knit teddy bears for the Red Cross, while quite a few of us have almost finished one or two knitted strips which will soon become blankets to be donated. At the same time we are putting the world to rights with our informal discussions over a cuppa and biscuits, or sharing our wide range of knowledge between ourselves. There's always room for more, so if you are interested do get in touch. **Fran Mason 0421 604 670**

FRIDAY CRAFT AND LEISURE GROUP

With a variety of crafts on the go (Teddy Bears, Card Making, Pastels, and two multi function groups who knit, crochet, colour in, do jigsaws, etc), everyone has enjoyed the year. As Leader I would not be able to enjoy the group if I didn't have great helpers—a big thank you goes out to them. We had good numbers attending each week (15-20). Wishing everyone a safe and healthy Christmas. **Noreen Hodgson. 0417 844 384**





GAMES



FUN GAMES AFTERNOON Our group meets fortnightly on Monday afternoons from 1.30—4.00 pm. We have a variety of board and card games to share and enjoy. During our mid-afternoon cuppa and biscuits we catch up on news and a variety of topics, some serious and others jovial. If you have games at home which you enjoy we encourage you to bring them along and teach us new skills. We welcome new members and look forward to seeing you all next year. Cheers, **Joan Collett 8522 5681 or 0417 270 012.**

MAH JONG—Sue Stanner This very popular group enjoys playing Mah Jong every Friday morning. Originating in China, it is now played world-wide, each country appearing to have its own set of rules. The game that we play is called the Western Game and once the basic rules are learnt there are endless variations to achieve. Members wishing to learn or who are already familiar with the game are welcome to join us. **Sue 0402 406 704**

SCRABBLE We are only a small group who meet each week for a couple of hours of fun and competition. It's an enjoyable way to keep one's mind alert and thinking, and have a pleasant afternoon with friends at the same time. Sometimes you even learn something! **Daisy Cussans. 8522 4738**

MUSIC

BELL CHIMERS (Joyce Fox) We had a very successful year starting 6th Dec '18 at Smithfield; a great time was had by all. We played at Foodland Gawler as an experiment the next two weeks and were very well received by customers and staff who enjoyed the singalong. (We were invited to return and play again 12th and 19th December this year at Drakes Gawler and Angle Vale.) A cheese and champagne afternoon at Wyn's was a time to relax and have fun together. Christmas lunch at Ruth and Geoff's again; a fantastic time was had by all.

March '19 took us to Eldercare. They sing along and like to try the bells afterwards. It's as much fun for them as it is for us and very welcoming. In September we were invited to Southern Cross where we are always made welcome. We enjoy going to play for them. Our calendar is full right up to Christmas which is too late for this newsletter but we'll keep you posted next time. Happy Christmas and a wonderful, safe New Year from all the Bell Chimers.

BLUEGRASS BANJO AND BEYOND We are learning basic techniques in the fingerpicking style of Bluegrass Banjo, learning from a book written in tablature. It's a slow process but some people are getting the hang of it. This style is used in other music: Country. Irish Celtic and even Rock and Roll. For instance there is a modern rock band called "Mumford and Son" who feature banjo in their music.

One off-putting thing about banjo is the cost of an instrument. Luckily a good contact, the owner of 'Music Corner' in Salisbury, will hire out a banjo at a reasonable cost for a period of time, which allows a person to decide if the banjo is for them. At the end of the period you can decide if you want to buy it at a fair price, taking into consideration the hire money that you have already spent. A couple of students bought instruments outright. Also they offer discounts on books and accessories such as finger picks, music stands etc. Practice is a naughty word, but students must practice between weeks in order to progress.

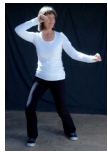
Derick Winterbottom

HARMONICA The Harmonica players continue to have fun and make progress in their playing. We have extended our time by half an hour because we have been having so much fun! More members are welcome. No previous experience required. **Alan Gill 0400 459 575**

JAM ALONG It has been a musical couple of months, with various musical instruments involved: harmonica, ukulele and guitar, and all budding musicians being keen to learn more. Come along next year to our Jam Along, improve your skills and make new friends. All genre of instruments welcome. Hope to see you there, **from 5th March, 2020. James Cruz.**



UKULELE The Ukulele group is still going, but numbers have fallen right off. We're down to about 8-10 stalwarts who seem to be enjoying it. Still, anybody is welcome to come along, beginners or the more accomplished players. I'll give it another go next year, and would appreciate any help going, so see you next term (I hope). **Al Vine 8255 0897**



PHYSICAL ACTIVITY



CHAIR DANCING Chair Dancing is an aerobic type of exercise all done sitting down. It helps develop co-ordination while giving you a complete body workout. We have fun using our imagination when we go swimming, horse riding and dancing, doing the cha cha, Mexican hat dance, Can Can, the Twist and others. Need some exercise? Why not try this. Come along on a Tuesday morning at 9am in the Youth Shak and give it a go. You'll be made very welcome. Call me on 8523 5006 if you want more information. **Jacqueline Lerwill.**

LINE DANCING It has been a great journey this year for me. I had the pleasure of teaching Line Dancing. It started out on an unsure footing but ended up with great support and plenty of friends. I would like to thank everyone in Line Dancing class for making it easy for me. Hopefully there's more new dances and definitely more laughter, more mistakes on my part but definitely more socialising. Thanks also to Lois Ward for taking over the class for me when needed. In 2020 we will be revising all the dances we have learnt so far, so if you are a beginner and would like to join us, please feel free. Most of the music and steps we follow can be found on YouTube, or I can provide sheets for you to take home and practice. Cheerio and keep cool! **Berlinda Swyghuizen 0434 485 989**

RAMBLERS In Term 4 we had four very pleasant walks and I thank those people who volunteered to lead one as at times I find it hard to come up with something we have not done before. When my husband Mike took over from Arthur 7-8 years ago we were that much younger, liked to walk further and did not need comfort stops as frequently as we do today, consequently I have modified the walks to suit. We are a very social, happy group nevertheless. Our membership is quite large but people will choose the walk that suits them best; some like just local ones, others like further afield, so I try to find a good mix.

When Mike died I was asked to keep the group going, which I was happy to do as I love walking but as I don't drive found it awkward to research walks beforehand, which must be done. I have to send my grateful thanks to my friend Warren Isgar for stepping into the role of researcher with me. I don't know what I would have done otherwise.

I look forward to seeing all my current walkers and perhaps some new members in Term I next year for a variety of four walks. **Jo Riley Leader. 0438 241 752**

TAI CHI—BEGINNERS (Tuesdays 10.30) - Maggie Cope

Tai Chi is a form of moving meditation which has been practised in China for hundreds of years. Based on a continuous flowing movement, the exercise is performed in slow motion, coordinated with deep breathing. It resembles an effortless dance, but in reality every movement is precise and takes internal strength. The performer seeks to harmonise internal energy by promoting a balance between body and mind. This is the time for those who want to learn Tai Chi to begin, as in second term we change our focus to continuing through to the later levels. **Maggie 0427 324 879**

TAI CHI—INTERMEDIATE (Wednesday 10.30) - Sue Stanner

A very social, mixed group, we love to have a good chat before and after our exercises, but we are also very dedicated. We start with simple, gentle exercises, followed by two sets of Tai Chi and finally the short, relaxing Lotus meditation. Any member is welcome to come along to see what Tai Chi is. They can easily join in with the exercises and Lotus. They can also follow, or watch the Tai Chi. **Sue 0402 406 704**

TAI CHI & SHIBASHI (Thursday 10.30) —Pauline Barton

During the first half of the year we had a large, regular group of enthusiasts. Unfortunately, with my knee replacement and long convalescence, much of Term 3 was missed. Busy seniors find other activities for unused time slots, so in Term 4 we averaged about 8 or 9 participants. This Thursday group begins with gentle warm-up exercises followed by a set of formal exercises (Shibashi) in follow-the-leader style. We then do three rounds of Tai Chi and end with the Lotus Meditation.

The Tai Chi style is the same as Maggie teaches on Tuesdays. This gives the Tuesday group a chance to get extra practice and others to keep up their mental and physical exercise.

MENTAL AND RECREATIONAL ACTIVITIES



BOOK CLUB WITH A TWIST

The main twist is that, rather than everyone reading the same book, a topic is chosen from a list put together at the beginning of the year, resulting in a wide range of genre and books themselves that some of us would never have attempted otherwise. This year we read autobiographies, short stories, poetry and suspense thrillers, as well as ones from our childhood, that had been turned into film, that we could read in a day, had a one-word title or an Australian author. This also leaves them open to being non-fiction as well as fiction. In 2.5 years we have only doubled up on a book twice!

Numbers are limited to how many chairs will fit around the Masons' dining-room table and how long into the evening we want to talk. Supper is provided by the person who chose that month's topic. It's fun, engaging, thought-provoking and never boring, and there are one or two spots available.

Graham & Fran 0421 604 670

CREATIVE WRITING - Deanne Lecerf

Led by Deanne, the group members are given a wide range of topics to use for their stories (up to 500 words) and/or poems. Prompts allow the individual to create completely different work. Interesting discussions then evolve in a relaxed and friendly atmosphere around the grammar and meaning of words used. New members welcome.

DISCUSSION GROUP—Jenny Dorsett

The Discussion Group continued on alternate Wednesdays in 2019. This year we have had an increase in participants who enjoy the various topics which are put on the table. No topic is boring - some discussions are lively and spirited as we all have different thoughts and opinions. However, our conversations are what makes the two hour session so enjoyable. A cup of coffee and biscuits help us with our thought processes. The U3A Discussion Group will continue next year. We welcome those members who may like to participate in interesting discussions and assist in making these mornings a great way to share relevant and meaningful conversations. Discussion Group is held on every alternate Wednesday - 10 am to 12 noon.

FRIDAY FORAYS

Three Fridays a term are set aside for a range of activities which are suggested (and sometimes run) by members and collated by the Committee. They range from guest speakers at the Centre to Silver Screenings at the Gawler Cinema, lunches at new venues, outings by train or via car pooling and tours of such places as the ABC, the Food Forest at Hillier and (coming up) the Northern Adelaide Waste Management Authority (NAWMA).

The best thing about these events is the wide range of members who are able to choose to attend anything that piques their interest, at the same time getting to know those from other groups with whom they would very seldom otherwise cross paths. We hope this will give many more the opportunity to make new friends while broadening their horizons and having fun at the same time.

Fran Mason 0421 604 670

OUR THANKS AND APPRECIATION TO:

Tony Piccolo (Member for Light) and his office staff
for their on-going support in the printing of our Newsletter and Programme
The staff of Gawler Sport and Community Centre
for everything they do daily to help our courses run smoothly
The Council of the Town of Gawler
for providing a venue which can encompass all our activities

