



TERM FOUR: 15 October 2018—14 December 2018

anniversary

CHAIRPERSON’S REPORT

Term 3 is ending, and the members of the U3A Gawler Committee are working hard to organise our **30th Birthday Celebration** to be held on Friday 19th October. Along with our present members, we hope to see many of our past members visiting on the day, and I’m sure that these earlier members will be made very welcome, and have plenty of stories to pass on to us. I’m looking forward to this afternoon, and I am sure that you are too!

As with all community groups, U3A Gawler would not be able to function without the significant contributions made by those members who have volunteered to be Leaders and Committee Members over the years. The current committee has updated the 25th Anniversary booklet, **A Catalogue of Members’ Contributions**, and this will be available at the Birthday Celebrations. The long-serving members who from 2009 onwards have been awarded **Life Membership** are also listed, with photographs. Who are, or were, these members? You will find out more about them in the pages of this newsletter.

Our new groups that started in Terms 2 and 3 – Meditation, Friday Forays and *Bluegrass Banjo and More*, are all going well. I recognise the amount of work that is needed to start a new group, so congratulations to their leaders.

In Term 4 we will have **three new groups** starting:

Easy Peasy Rhythm with Ann Weiss will replace the Jammers on Wednesday afternoon for Term 4 only. **Line Dancing** with Berlinda Swyghuizen will be held on alternate Monday mornings. We have had quite a few applicants for this class already. **Musical Appreciation** with John Eldridge will be held on Thursday afternoons.

Please take note of the dates for our ANNUAL CHRISTMAS PARTY (Wednesday December 12th) and the REGISTRATION DAY in January (Wednesday 16th). More information inside.

Classes for Term 3 finish on Friday 28th September and resume in Term 4 on Monday 15th October. I hope all the members enjoy the 2 week break, and we will see you back, ready to enjoy our final term with U3A Gawler for 2018.

Margaret Margaret Travers, Chairperson 0407 602 161

U3A Gawler courses

Bell Chimers
Bluegrass Banjo and Beyond
Book Club with a Twist
Chair Dancing
Computing Help Desk
Creative Writing
Craft Circle
Discussion Group

Easy Peasy Rhythm
Friday Craft and Leisure Group
Friday Forays
Fun-Games Afternoon
Harmonica
Line Dancing
Mah Jong
Meditation

Music Appreciation
Ramblers
Scottish Country Dancing
Scrabble
Tai Chi Continuing
Tai Chi Intermediate
Tai Chi & Shibashi
Ukulele (Gawler Ukes)

New classes for Term 4

Line Dancing

with Berlinda Swyghuizen



This class will run on **ALTERNATE MONDAYS** at 10.45 am to 12.00 noon
beginning in **WEEK 3 (October 29th)** in the **YOUTH SHAK**

“Line dancing first started in the USA, some time in the late 1970s to early 1980s. Early line dances were performed to disco music, as much as to country and western, and line dancers would dance to whatever was played.

Line Dancing will:

- 1. Teach you to dance.** If you can't dance by yourself, how can you possibly expect to dance with a partner? Line dancing teaches you to actually move your body.
- 2. Improve your Balance:** teaches you how to maintain your own balance while moving to the beat.
- 3. Help you Find the Beat:** Oh a big one. Staying on beat (on time) is critical in any dance whether by yourself or with someone else. Learning to find the beat and timing of any dance is critical before getting with a partner.
- 4. Teach you basic footwork.** Learn how to do triple steps, turns and spins, rocking steps and many other steps that you will use in every form of dance.
- 5. Improve your confidence.** Helps overcome feeling of having “two left feet”; offers sense of pride and accomplishment and improves your coordination.
- 6. Provide you with a dance outlet whether you have a partner or not.** Today, it seems there is a line dance for just about any song you can think of. If not, many line dances are timed that they can fit multiple songs, providing you many dance opportunities.
- 7. Provide you a way to practice.** You always hear that practice is necessary to improving your dance but you may not know exactly how to, or what to practice. Line dances are a perfect structured means to practice dance technique.”

So let's bring our 2 left feet out and untangle ourselves to beautiful music. The best reason is the friends we will make and laugh with.

Berlinda (0434 485 989 : leahk65@yahoo.com.sg)

BERLINDA has promised to start off slowly with easy steps!

HELP REQUESTED — Tony Piccolo is looking for some retired teachers (or similar) who would be happy to tutor on a one-on-one basis some refugees who are trying to advance their work lives but require some additional assistance with English grammar.

If you are able to help, please ring 85 222 878 or email tony.piccolo@parliament.sa.gov.au





Easy Peasy Rhythm



In Term 4 a new music group will be operating on Wednesday at 12.30 pm from October 24 (Week 2)

“Easy Peasy Rhythm” is a series of workshops designed for players starting out on a new instrument or re-visiting one which previously made them “give up”. No previous musical knowledge is needed.

A series of simple routines designed for acoustic instruments tuned in G or D will have you joining in with others from “Day One”. Suitable instruments would be Guitar, Mandolin, Banjo, Violin and Baritone Ukulele as well as small keyboards such as the Melodica.

Music will be provided and comes with a “have fun” guarantee. It is also instrument-specific so you will need to register your interest as soon as possible to be sure you receive the correct paperwork.

Some members have already made arrangements to sell/lend instruments to other people in the group. Please contact Ann if you have one to sell/lend.

For more information contact Ann Weiss on 0415 663 041



Music Appreciation with John Eldridge

This class will be held on THURSDAYS at 1.30 to 3.30 in Room 1 starting Week 2 (25th October)

I have no formal music qualifications, I am a retired Insurance/Financial Planning bloke who has been going to concerts and operas, listening to music, reading about music and talking about music to anyone who has the patience to listen to me, for about 70 years.

I ran a Recorded Music Society in London in the 1950s and I was a volunteer music presenter on Radio 5 UV in the 1970s.

I have been involved in the U3A Tea Tree Gully Music Appreciation class since 1998 and have been presenting “Opera of the Month” at Tea Tree Gully and other U3As since 2000.

My interest is in classical music and opera, ranging from Renaissance to Modern and am keen to share my enthusiasm with others of a like mind.

The format of the class can be tailored to the needs of the students attending; after some exchange of ideas and gauging of knowledge levels we will gear the programmes accordingly. At Tea Tree Gully, members of the class take turns to prepare and introduce their own choice of music, although there is no compulsion to do so. Those who wish just to come and listen and learn are welcome. We don't take ourselves too seriously - we try to have some fun, but in a learning environment.

For our first session, please bring a CD of your favourite music so that we can find out more about people's likes and dislikes.

John Eldridge (8523 3960 OR 0422 961 984)

FRIDAY FORAYS T.4

NOVEMBER 9th

SILVER SCREENINGS at Gawler Cinema. \$15.00 per person.

Arrive at 10.15 am; enjoy a cup of tea/coffee and biscuits; film commences at 11.00 am.

Followed by a light lunch of sandwiches & cake.

MOVIE: *Edie*

Running time: 102 minutes. Cast: Sheila Hancock, Kevin Guthrie, Paul Brannigan. *Edie* tells the story of an 83 year old woman who sets off to rekindle fond memories of childhood by heading to Scotland to climb a mountain aided by a local guide. "One of the most tender on-screen friendships of the year."

Email/message/ring **BERLINDA** to book a place asap (0434 485 989 or leahk65@yahoo.com.sg)

NOVEMBER 30th

Tour of **LYNDOCH LAVENDER FARM AND CAFÉ**. \$2 per person.

CAR POOL—meet at Rec Centre carpark closest to the oval. Leave at 12.45 pm.

ADDRESS: Corner Hoffnungsthal & Tweedies Gully Roads (3.2km from Lyndoch, off Lyndoch Valley Road).

SELF GUIDED TOUR includes brief welcome and introduction; self-serve tea and coffee; tastings of lavender gourmet condiments and information booklet.

In addition to the tour, you may choose to have **AFTERNOON TEA** (2 scones per person \$6.00).

Please discuss time of departure with your passengers.

Email/message/ring **MARGARET TRAVERS** to book a place asap (0407 602 161 or maggie_t1711@internode.on.net)



ANNUAL CHRISTMAS PARTY

**Wednesday 12th Dec 2018
11 am to 3 pm**

At Gawler Sports and Recreation Centre

We are continuing the tradition of donating a present for a child through a local charity.

Please bring a gift, wrapped and labelled for boy or girl, and suggested age range (up to 12 years)

(Your gifts last year were greatly appreciated.)

Enquiries Diane 0407 710 903

REGISTRATION DAY

Wednesday 16th January, 2019

10 am to 12 noon

At Gawler Sports and Recreation Centre

More Information later in the term.

**(Term 1, 2019 starts
Tuesday 29th January)**

“NATIVIDAD SIMS is a valued founding member of GURUS/Gawler Ukes. She has contributed to the group with many solo parts.

After some stays in hospital, Natividad is now residing at **Trevu Nursing Home**, 1-13 Deland Avenue, Gawler East, Floor 1, Room 3. She is doing very well.

Natividad welcomes visitors as it keeps her smiling.”

Thanks to Diane McGough for passing on this information about Natividad.

We wish Natividad all the best.

Leaders' articles

RAMBLERS

Term 3 was great, the "gods shined on us" - we didn't get rained on once! At Morialta Falls the view was spectacular. I've never seen so much water coming over after the good rains in July, so it was thrilling to see and some got great photos.

Our walk around Historical Adelaide was interesting with so many statues to find. We commented how the view from Colonel Light's Statue had altered greatly from the early days.

The Stringy Bark Trail in the KaiserStuhl Conservation Park was lovely, seeing wildlife and various birds. Our members love the Nature Trails.

Our last walk was to the Barossa Bush gardens, our third attempt to get there after the bushfires we had and then having to wait for the Labyrinth to be finalised, as the Barossa Council needed extra funding, but we did get there eventually!

Term 4 has good walks coming up, including a Beach one to look forward to. Many thanks to our regular members for their continued support to keep the group going.

Coordinator of the Ramblers, **Jo Riley.**

THE JAMMERS

At the commencement of Term 3 the group was led by a number of very capable members while the leader was away. Many thanks to them for filling in and to the players for supporting them.

We have concentrated on reviewing some of the songs and tunes we learned in the earlier days of the program and found that some of them were like new again.

A gig with a difference was enjoyed at the Barossa Village Special Unit at Nuriootpa. The pyjama party was embraced wholeheartedly and the players were resplendent in their pyjamas, dressing gowns and slippers. Of course the music was great too and much appreciated by both staff and clients.

The upcoming Anniversary Celebration has meant some earnest practice and we look forward to playing in the combined music group.

Next term we will be going into recess to make way for the "Easy Peasy" workshops; same musicians and friends - different mode of musicmaking.

Ann Weiss

FRIDAY CRAFT AND LEISURE GROUP

Teddy Bear making and Painting with Pastels are just two activities you can participate in on Friday mornings. We have tables spread throughout the room with different things happening at each. Why don't you visit us and see if you would like to join!



BOOK CLUB WITH A TWIST

With three new members joining us recently we are at maximum capacity around the dining room table one Thursday evening per month. This term we have sampled science fiction and historical fiction and are currently reading our individual choice from "Australia's Top 100 books for 2017", quite a few of which we've already read and/or shared.

The range of books chosen by our participants has been amazing, and most of us go home with a list or even a borrowed book, to fill in the reading time left after finishing their monthly choice. How else would we have heard about *The Wooden Horse* by Eric Williams, or *Pachinko* by Min Jin Lee?!

Fran and Graham Mason

FRIDAY FORAYS

The main outcome of our three activities per term seems to be the getting together of members who have not met each other before. So many of us belong to one or two activities catering to a certain interest; our busy lives mean paths do not often cross otherwise.

Listening to a Visiting Author and an RAA presenter, sharing afternoon tea, taking a day-long mystery bus trip, going to the movies and travelling by train or car to get to a special destination—all these one-off activities have thrown us together rather wonderfully. We have had an average of 20+ members come to each of our get-togethers. Term 4's Forays are advertised on Page 4. Next year's are all a mystery at the moment. If you have any suggestions, please pass them on to a committee member.



CRAFT CIRCLE

In Term 3 we were invited to take part in knitting Trauma Teddies™ for the Australian Red Cross. Several of our members, and others in U3A Gawler, have taken up the challenge in a big way! A dozen have already been delivered to the Red Cross.

U3A Gawler Life Members



LES AND JOAN KEMP *Life Members 2009*

Joan was minute secretary of the first committee, secretary for 6 years altogether, and led one of the very first groups. She ran an *English Literature* class for 12 years and *Music for Pleasure* from 1993 to 2016.

Les was chairperson for 11 years altogether, including the first 3 years of U3A Gawler. His History course went for 20 years without a talk repeated. Les spent many years teaching German, French and Italian. He taught Tai Chi, led the Discussion Group for several years, and more.



LEN AND JOYCE COCKERILL *Life Members*

Joyce and Len were both on the committee, Joyce as treasurer, for the first 10 years. Len was also a committee member in 2014-15. Joyce started the Creative Writing group in 1989, Len the Painting and Drawing (1989) and Discussion (1990) groups. They both also taught Advanced Tai Chi for many years.



PAT JAMES

Pat retired as a leader of U3A Gawler at the end of 2017 after 23 years of running the Writing Your Own Life Story group. She was awarded Life Membership in 2010.

WHERE BORN: Adelaide, December 1930.

CHILDHOOD: Spent in Victoria from 1933 to 1951 where my restless father moved us all over the place, from Melbourne suburbs to country properties. Returned to SA in 1951.

SCHOOLING: I attended 11 schools due to our constant moving, from college to two-room country schools, a large country high school and finally a year at a domestic college to learn dressmaking and design.

CAREER: My first two jobs were in portrait studios doing darkroom work. From there I went to the Lands Department's darkrooms to process aerial survey film and tourist bureau film.

RETIREMENT: I retired from paid work when I married in 1956.

HOW YOU STARTED OFF WITH U3A: A neighbour told me of a class for Writing Your Life Story, which she was enrolling in. As it was run by a lady I knew and liked, I joined in 1991 and remained there until December, 2017. Leadership was passed to me in 1994.

U3A HIGHLIGHTS: Those years were among the most rewarding times I've had. The people I met, the stories I heard, the bonds we formed, made those classes unforgettable.



JENNIFER YOUNG

Jenny was an early committee member (1994-1996), led the Creative Writing group for 14 years, and has been running the Mah Jong class since 2011. She was awarded Life Membership in 2010.

WHERE BORN: Leamington Spa UK at start of WW2, so I did not see much of my father in my early years.

CHILDHOOD: Surrounded by a loving family, my brother, sister and I spent a great deal of time at my grandmother's house which backed onto a mixed farm. I loved helping to collect eggs, boil up the pig potatoes and go gleaning at harvest time.

SCHOOLING: From Primary School I won a scholarship to a local High School, achieving GEC 'O' levels. On leaving school I worked for the public service and later private industry.

FAMILY: I married Bob in 1961. Our eldest daughter was born in 1962, her brother in 1964. Bob worked in the aircraft industry and after experiencing redundancy accepted an offer of employment with Qantas. We arrived in Australia in 1965, later moving to S.A. Bob worked at Parafield Airport until his retirement. Our second daughter was born in 1968.

CAREER: In 1970 I commenced work as a nurse at the then Strathmont Centre for people with severe mental disability and loved the work. Eventually left to spend more time with my family; for many years worked night shift in various nursing homes for elderly people. I studied for a diploma in Health and Care (now community services) then worked for a pilot project with sexually abused children. In 1988 I was offered employment in a workshop for severely mentally disabled young people. Unfortunately that came to an end due to severe arthritis and I retired.

RETIREMENT: I attained a diploma in freelance journalism in 1999 but have not pursued it. My children now all have families of their own and I love spending time with my 6 grandchildren, aged from 34 to 2. Since Bob's passing last year my younger daughter and her 15 year old daughter are sharing my home.

HOW YOU STARTED OFF WITH U3A: I joined U3A in the early 1990s and over time have been privileged to lead a creative writing group, Mah Jong group and enjoyed membership of various other groups.

U3A HIGHLIGHTS: I very much enjoy the challenge of learning new skills such as the IT course earlier this year and meeting new members and especially the company of old friends.



BILL WILLIAMS *Life Member 2011*

Bill was on the committee for a total of 7 years between 1997 and 2005. He started the Ramblers group in 1996, and led it for 12 years. Bill also ran classes in Evolution/Biology and the English language. He was still an active member in 2018, occasionally attending the Creative Writing class.



Bill at a Rambling event, 2006



*To all U3A leaders and committee members, past and present,
Thank You for your hard work and dedication over the years.*



STANLEY PEDERSEN

Stan has been helping members use their computers since he started a learners' group in 2004. He has also taught Photography classes and contributed to many "one off" activities. He was a committee member for 8 years altogether and Treasurer 2001—2003. Stan was awarded Life Membership in 2011.

WHERE BORN: South Shields, Co Durham, UK

CHILDHOOD: Ordinary, but seriously influenced by W.W.2. I wanted to be a spitfire pilot.

SCHOOLING: Dunston Hill Primary/Junior School. Blaydon Secondary School (as in the song *Blaydon Races*). Royal Aircraft Establishment (RAE) Farnborough Tech, College. London Polytechnic, Regent St.

FAMILY: Younger brother, Ronald.

CAREER: June 1950– May 1953 Scientific Assistant, RAE Farnborough.

May 1953– May 1955 National Service, RAF. Photographer SAC (Senior Aircraftsman)

May 1955—April 1956 RAE Farnborough. Photographer

April 1956—June 1959 Proof and Experimental Establishment, Shoeburyness (P&EE) Senior Photographer

June 1959—Sept 1962 Royal Radar Establishment, Pershore. Senior Photographer

Sept 1962—April 1965 RAE Farnborough. Principal Photographer

April 1965—July 1992 Weapons Research Establishment/Defence Science & Technology Group, Salisbury, SA. Technical Assistant/Officer

RETIREMENT: Voluntary early retirement, July, 1992. Active with U3A and Probus. Overseas/domestic travel.

HOW YOU STARTED OFF WITH U3A: I attended a Gawler Council meeting of community groups and activities as a Probus representative and was hijacked by the U3A reps; haven't looked back since.

U3A HIGHLIGHTS: Getting to know a group of great people—"Active Seniors". I may have contributed modestly with my Computing group. I think that I am the only member to have faced a disciplinary hearing—declared totally innocent. The complainant, advised to grow up, subsequently resigned.



MAGGIE COPE

Maggie has been teaching Tai Chi on and off since 1989, and currently runs the Beginner/Continuing Tai Chi class. President '91—'93, she was awarded Life Membership in 2012.

WHERE BORN: Melbourne, Victoria.

CHILDHOOD: Eldest of 5. Began learning piano at the age of 7 and am still playing. Was always a book-worm, even reading in bed under the blankets with a torch.

SCHOOLING: Primary and Secondary school in Melbourne, then to the University of Melbourne where I completed a Bachelor of Music and Diploma of Education.

FAMILY: Married, later divorced. Two children. My daughter Liz is a professional musician—5th generation—specializing in the flute.

CAREER: Taught Music and History in high schools in Victoria, then after moving to Gawler worked in a spiritual Community at Hillier Park, now called Riverdell. Ended up doing accounts, wages, etc. Trained as an astrologer.

RETIREMENT: Had a few years 'retirement' then this year began a new career as accompanist for two choirs—having to practice piano again.

HOW YOU STARTED OFF WITH U3A: Discovered U3A soon after I moved to Gawler. Met up with Les Kemp and soon began teaching Tai Chi (1989). Also offered Comparative Religion and a Recorder Group.

U3A HIGHLIGHTS: Was on the Committee for 5 years, President for 3. Went to several U3A Conferences, even one in England at Cambridge University (1992). Also visited a Seniors group in Nanjing, China,



TONY STARKE *Life Member 2012*

Tony was a foundation member, having joined the Gawler branch in 1988, the year of its inception, and remained a fully paid-up member until shortly before his death in 2013. Tony led a number of single sessions, including one of the first offerings in 1988 (on Mining Law), one on ‘Tony’s Shipping Registers’, and ‘Jazz—Down Memory Lane’ in 2007.

Tony’s considerable experience working with the SA Government in writing legal documents was a valuable resource – he rewrote the Constitution in 2009, simplifying the document to meet legal requirements and freeing it of a lot of unnecessary specific detail that could be included in other U3A documents. This made it more robust so that changes could be applied to our future U3A operations without the need for constant revision.

Tony is also remembered as having a great sense of humour, His appearance as a ‘male model’ at the Op Shop Fashion Parade in 2006 is something that many members from that time still recall fondly. (Thanks to A & J Davies for the above.)



ARTHUR DAVIES

On committee executive from 2009-2013, as well as leading many different and varied activities from 2001 to 2015, Arthur was awarded Life Membership in 2017.

WHERE BORN: St Helens, Lancashire, England (1945).

CHILDHOOD: Church (St Lukes Anglican, St Helens) was a big influence, with Sunday School, Church choir and Boys Brigade, etc. Loved fishing in local lakes/canals, also 4 years of Scouts. Great social life with extended family close by, plus many neighbourhood friends to play with in streets and local parks.

SCHOOLING: Rivington Road Primary and Secondary Modern School 1950-1960. St Helens Technical College ‘O’ and ‘A’ levels (60-64). University of Hull Yorkshire B.Sc. (Hons). Southampton University Ph.D. (electrochemistry). Adelaide University Dip Ed., M. Ed (part time study).

FAMILY: One sister still in St Helens whom I visit frequently. My wife Judith (50 years married), 3 children (Gareth, Robert and Owen); 3 grandchildren (Annabelle, Sebastian and Luke).

CAREER: Lecturer, Cauldon College of Further Education, Stoke-on-Trent, UK. Senior Teaching Fellow, Adelaide University. Lecture in charge of Chemistry, Salisbury Teachers College. Senior Lecturer UniSA Mawson Lakes. Scout Leader for 13 years (Cubs, Scouts and Venturers leader).

RETIREMENT: From 2000, large involvement in Gawler U3A—offered many courses, served on committee as Treasurer, Secretary and President. Also involved in choirs (*Sing Australia* and *Sounds Familiar*). Member of the local group *Bangers & Mash* for seven years, performing regularly in local venues.

HOW YOU STARTED OFF WITH U3A: I first offered a course to the Gawler U3A called *On the Shoulders of Giants* that ran for two years.

U3A HIGHLIGHTS: I have acquired a broader base of knowledge through U3A, met many inspirational people and found new friends and acquaintances.



JUDITH DAVIES

Offering computer-related courses in 2007 and beyond, then Secretary 2011-2015, Judith was awarded Life Membership in 2017.

CHILDHOOD: Brought up in Leicester, Midlands of England, where my parents ran a post office; for most of my childhood we lived at the rear of the shop. My favourite pastime was to bury my head in a book, with many trips to the local library to exchange them.

SCHOOLING: Local primary school in Leicester, then grammar school ("O" and "A" levels), later focus being in languages (English, French and German, with Latin being compulsory for a language student).

FAMILY: One brother who moved to the Netherlands the year after I emigrated to Australia with my husband Arthur. We have 3 sons and 3 grandchildren (girl and two boys).

CAREER: BA Hons in French, University of Hull (where I met my husband). Then undertook secretarial course and had various secretarial positions before the children arrived. In South Australia I became a TAFE lecturer in Office Administration for 25 years (completing a Grad Dip in Adult Education).

RETIREMENT: Upon retirement from Gawler TAFE I took up voluntary work in the local Meals on Wheels, which Arthur had done previously, and joined him in U3A activities. We are both involved with singing in choir and in a local band performing in nursing homes, service clubs and retirement villages, etc.

HOW YOU STARTED OFF WITH U3A: Arthur was already busily involved in Gawler U3A and later in the Alliance so I was soon taking part in various activities, in particular the Ukulele group, which led on to further involvement in music outside U3A.

U3A HIGHLIGHTS: Definitely learning to play the ukulele under the instruction of Sandra Heath, a long-time colleague in TAFE. This has opened the door to the joys of learning and sharing music and singing. I also thoroughly enjoyed my role as Secretary of Gawler U3A for five years, a varied and important position which has the added advantage of getting to know just about everyone on the membership list, even if sometimes only by name. The U3A community in Gawler continues to thrive, with new activities constantly emerging—this is pleasing to see.



NORMA HAMILTON *Life Member 2017*

On the committee for nine years, the first two as Chairperson (2005-2006), Norma also presented several single sessions, including the two very popular Fashion Parades with Jacq Lerwill. The photograph is of Norma and her granddaughter at the 2006 Fashion Parade.





JACQUELINE LERWILL

Jacq has been leading her Chair Dancing class for 16 years and Scottish Country Dancing for 11 years. A committee member for 8 years altogether, Jacq was awarded Life Membership in 2017.

WHERE BORN: Marylebone, London, not far from where Sherlock Holmes had his rooms!

CHILDHOOD: Spent in Paddington, West London from the age of 18 months. I went through Brownies, Guides and Sea Rangers where I got my Oarsman's Certificate and my boating permits.

SCHOOLING: St Luke's Primary School then Paddington and Maida Vale High School for Girls.

FAMILY: Parents and one older sister.

CAREER: 34 years with Royal Insurance Co Ltd. 10 years in the Renewal Department in Records Office in London, then 24 years in Head Office, Melbourne in the Investment Department handling the company's money market transactions.

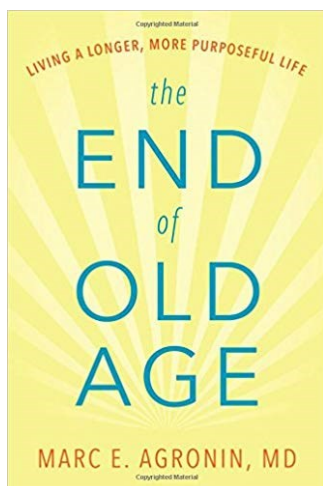
RETIREMENT: Responsible for \$180 million when I retired. I had hoped it would reach \$200 million but it didn't quite make it.

HOW YOU STARTED OFF WITH U3A: I joined a U3A Croydon (Vic) Music Appreciation class through a friend.

U3A HIGHLIGHTS: Starting the Scottish Country Dance (2007) and Chair Dancing (2003) classes and holding Op Shop Fashion Parades and Ceilidhs—both of which were a lot of fun. Also being given Life Membership of Gawler U3A.



RECOMMENDED READ



One of our leaders has recently read this book and was so impressed by its message that she has asked for it to be included in the newsletter. It's available via Amazon online, or through the library system. "*The End of Old Age* isn't a sugar-coated depiction of growing old. In fact, several of Agronin's patients described in the book suffered debilitating illnesses. Yet many improved once they found a sense of purpose, discarded ingrained beliefs that their days of growth and learning were over or opened their minds to trying new treatments or approaches to life... Agronin offers an action plan to examine our own resilience and wisdom to guide an aging person out of the 'stagnant quo' or age better, even in a challenging situation."



QUIZ QUESTION: Lake Alexandrina was named after which famous person.

Email or ring Fran if you think you know.

The answer to last term's quiz question had nothing to do with vowels.

All the words mentioned are typed on a keyboard by a touch typist using only the left hand.

YOUR 2018 COMMITTEE

CHAIRPERSON: Margaret Travers : TREASURER: Peter Adams
SECRETARY/NEWSLETTER EDITOR: Fran Mason 0421 604 670 : u3agawler@gmail.com
ROOM BOOKINGS: Berlinda Swyghuizen 0434 485 989 : u3aroombooking@gmail.com
COMMITTEE: Jean Connor, Ray Connor (Deputy Chair) Daisy Cussans (Refreshments),
Margaret Raggatt, Ann Weiss (Deputy Treasurer)

30th ANNIVERSARY SUB-COMMITTEE:
Ann Weiss, Jean Connor, Ray Connor, Margaret Raggatt

LEADER INFORMATION

ROOM BOOKINGS PROCEDURE— CHANGES, CANCELLATIONS, etc

U3A Gawler Room Bookings Officer is Berlinda Swyghuizen

ph 0434 485 989 : email u3aroombooking@gmail.com

ALL CHANGES, CANCELLATIONS OR NEW REQUESTS MUST GO THROUGH HER.

Under no circumstances should any member/leader

try to organise these through Leanne at the Centre's desk.

* **Cancellations** MUST be organised TWO WEEKS in advance or we will be charged full fee.

(Please arrange a way for class to continue if you are unable to attend at short notice.)

If you would like to book a room for a special purpose, please request approval from the Committee. Unauthorised bookings may result in U3A being charged the full 100% fee.

(NB You have 15 minutes either side of your advertised time to set up and pack up)

ARTICLES FOR END OF YEAR NEWSLETTER

Please send any articles about your class, or other information to newsletteru3a@gmail.com

Final date FRIDAY 7th DECEMBER.

N.B. Fran will be overseas from mid November so please use the above email address to make it easier for the person who will be working on this edition of the newsletter.

ITEMS FOR WEBSITE

If there is anything that you would like included on our Website (special activity, photos of your group, etc) please get in touch with our Website Coordinator, Jillian Richards

Ph 8522 6140 or jill_grub@hotmail.com

OUR THANKS AND APPRECIATION TO:

***Tony Piccolo (Member for Light) and his office staff
for their on-going support in the printing of our Newsletter and Programme***

***The staff of Gawler Sport and Community Centre
for everything they do daily to help our courses run smoothly***

***The Council of the Town of Gawler
for providing a venue which can encompass all our activities***